## Bonnie's Recipe for No-Fail Compost

Ingredients: Nitrogen + Carbon + Water + Oxygen

#### One part Nitrogen

Fruit and vegetable scraps Coffee grounds

Tea bags

Feathers and hair

Fresh prunings and trimmings Spent flowers

Green weeds (seedless)

Grass clippings

Add:

#### Two or three parts Carbon

Dried leaves and grass Straw

Shredded paper and cardboard Coffee filters

Wood chips, sawdust (untreated) Used paper towels and napkins

Pine needles (slow decomposition)

Dead dry plants and flowers (not diseased)

Layer in a pile preferably 3ft x 3ft or fill a homemade or commercial bin to 2 or 3 ft in depth.

Add:

Water, enough to dampen the layers. Don't over water but keep moist.

Add compost accelerator if you desire though it is unnecessary.

Compost happens without these, but, you can add:

Blood meal, commercial compost starter, chicken

and other vegetable-eating animal manures sparingly.

No dog or cat waste!

Oxygen, mix or turn often (at least once a week) to oxygenate.

Check temperature often. If not hot enough, (100 deg.+ is nice) it may be too dry or needs nitrogen. Add and and most importantly turn!

Let cook until rich and crumbly and sift if necessary to remove un-composted pieces. Enjoy!

# WHAT CAN I COMPOST?

#### GRENS = NIROGEN

- Fruit & Vegetable scraps
- <sup>o</sup> Coffee grounds
- e Tea bags
- e Feathers & Hair
- e Egg shells
- Bone and Blood meal
- Fresh prunings & trimmings
- Green weeds (seedless)

- Seaweed
- Alfalfa pellets
- Grass clippings
- e Dog food
- Flowers
- Brewery & wine making leftovers
- e Fur

#### BROWN = CARBON

- Dried leaves & grass
- Dead plants & flowers
- Straw
- Pine needles & cones
- Vacuum bag contents
- Shredded paper & cardboard

- e Peat moss
- o Dryer lint
- Used paper towels, napkins
- Nut shells
- Untreated wood chips, sawdust

### DO NOT COMPOST THESE THINGS:

- Diseased plants
- Weeds with seeds
- Poisonous plants
- e Meat/fish
- e Charcoal ash
- Pernicious, invasive weeds like bindweed, puncture vine, Bermuda grass
- Dairy products

- Plastic, metal, glass
- Fats, oils, grease, butter, lard
- Wood ash
- Coal, treated woods
- <sup>e</sup> Chemicals pesticides, herbicides
- Dog, cat, pig, pet bird, manure
- Glossy, slick, colored paper (recycle it instead)

WHEN IN DOUBT, LEAVE IT OUT!
(AND THEN DO A LITTLE RESEARCH)

# FIND THE TOWER GARDEN THAT'S RIGHT FOR YOU



#### Tower Garden HOME Growing System

Designed for: Indoor growing with LED grow lights
Outdoor growing (without lights)

Recommended Crops: Baby greens, large greens,

herbs, some flowers, smaller fruiting crops

Included Components: Reservoir, tower, seedling starter kit, Tower Garden Mineral Blend plant food, pump, timer, pH test kit, pH adjusters, LED grow lights, water monitor

LED Grow Lights: Included

Water Level Monitor: Included

Baby Greens Extension Kit: Two baby greens

sections included

Wheels: Built in

Reservoir Volume: 13 Gallons

Planting Ports: 32 (16 full-size + 16 baby greens)

Dimensions: 58" x 24" x 24"

Price: \$85 per month for 12 months

#### Tower Garden FLEX Growing System

Designed for: Outdoor growing Indoor growing with optional LED grow lights

Recommended Crops: Fruiting crops, large greens, herbs, flowers, baby greens

Included Components: Reservoir, tower, seedling starter kit, Tower Garden Mineral Blend plant food, pump, timer, pH test kit, pH adjusters

LED Grow Lights: Optional

Water Level Monitor: Not compatible

**Baby Greens Extension Kit: Optional** 

Wheels: Optional: Tower Garden Dolly

Reservoir Volume: 20 Gallons

Planting Ports: 20 (expandable to 28 with the

Extension Kit or 52 with the Baby Greens Extension kit)

Dimensions: 55" x 30" x 30"

Price: \$55.83 per month for 12 months

#### TOWER GARDEN FLEX BUNDLES

#### Serious Gardener Bundle

**Tower Garden FLEX Growing System:** Including a starter supply of Mineral Blend, a pH test kit, pH adjusters and a seedling starter kit for 20 plants

**Support Cage** 

**Tower Garden Mineral Blend:** 1 gallon each of A and B

98 Rock Wool Cubes

**Extension Kit** 

Dolly

Price: \$86.75 per month for 12 months

#### Family Garden Bundle

3 Tower Garden FLEX Towers: Including 3 pumps, 2 timers, rock wool cubes, a seedling starter kit, 2 pH test kits and 2 bottles each of pH+ and pH-

**Support Cage** 

**Tower Garden Mineral Blend:** 1 gallon + 3 quarts of both A and B

**3 Extension Kits** 

Price: \$180.00 per month for 12 months

Details subject to change. Please see your Virtual Office for current information. Visit our website for more detail on individual accessories and larger Tower Garden packages.

# ORDER FORM

ner's Name Bryna M Burton		
618-409-3177	Fax	
bryna@truegarden.com		FIN USM0489968
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Signature

QTY	Tower Garden® Products	12 Monthly Payments	Pay in Full	TOTAL
	Tower Garden® FLEX Growing System	\$55.83	\$670.00	
	Tower Garden® HOME Growing System	\$85.00	\$1,020.00	
	Serious Gardener Bundle	\$86.75	\$1,041.00	
	Family Garden Bundle	\$180.00	\$2,160.00	

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TY	Tower Garden® Accessories	Pay in Full	TOTAL
	LED Indoor® Grow Lights	\$325.00	
	Support Cage	\$95.00	
	Extension Kit	\$95.00	
	Baby Greens Extension Kit	\$115.00	
	Tower Garden® Mineral Blend	\$65.00	
	Tower Garden® Dolly	\$95.00	
	Rock Wool Cubes (98)	\$21.00	
	Rock Wool Cubes - Case (30 sheets of 98)	\$250.00	
	Seedling Starter Kit	\$31.00	
	Net Pots (30)	\$21.00	
	pH Kit (pH+, pH- and Test Kit)	\$31.00	
	Submersible Pump	\$36.00	

TAX Any applicable tax is based on city, county, and state taxes.

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Maricopa County plant help desk volunteers can be reached at (602)327-8211 or MCCE-MGPlantHelpDesk@arizona.edu

